

Plan of Treatment for Bed Bugs We Request That You Stay Out of Structure After Initial Treatment For 24 Hours.

- 1. <u>ALL</u> laundry should be removed from chest of drawers, closets, etc and washed and dried using the hottest temperature allowed for the fabric. (This helps by killing eggs, nymphs and adults.) Place in a large white or clear garbage bag(s).
- 2. Wash and dry <u>ALL</u> your bed linens and bath linens using the hottest temperature allowed for the fabric for at least 15 minutes. (This helps by killing eggs, nymphs and adults.) Place in a large white or clear garbage bag(s).
- 3. Vacuum along rails, headboards, foot boards, bed seams, tufts, buttons, edges of the mattress and box springs,
- 4. Clean out from underneath ALL beds. Remove ALL clutter from your structure, which makes finding bed bugs easier.
- 5. Remove ALL items from cabinets, shelves, pantries, chest of drawers, closets, etc. Place in a large white or clear bag(s).
- 6. Remove <u>ALL</u> excess boxes from structure.
- 7. Place ALL children's toys, animal bedding, toys, etc. in a large white or clear bag(s).
- **8.** Seal <u>ALL</u> perishable food items in airtight container(s) or bag(s)
- 9. <u>ALL</u> floors and carpets should be swept, mopped and vacuumed before extermination begins. A good vacuum cleaning job may remove particles from cracks and crevices to encourage greater insecticide penetration. Dispose of vacuum cleaner bags after you are finished in an outdoor trashcan.
- 10. Remove <u>ALL</u> draperies and window dressings from all windows, wash and dry using the hottest temperature allowed for the fabric. If these are dry-clean only, please notify pest management immediately. You will need to provide a "plastic tote" in which to place the draperies so that a "NuVan Strip" may be placed inside. You may leave mini-blinds in place.
- 11. Remove $\underline{\text{ALL}}$ electrical outlet covers and $\underline{\text{ALL}}$ electrical light switch covers.
- 12. An inspection of <u>ALL</u> areas of structure with black-light may be performed. Bed bugs can often hide behind headboards, artwork, picture frames and electrical outlet panels. We will check for blood stains on fabrics. <u>Special Note: A close inspection of any second-hand furniture for bed bugs before bringing it into structure should be made by resident/homeowner.</u>
- 13. Pest Professional may use Climb-Up Insect Interceptors which are a unique and easy-to-use monitoring system to aid in the early detection of bed bug infestations and can be placed after treatment.
- 14. Pest Professional may use Nuvan Pro-Strips a product that kills bed bug in difficult to treat items such as electronics. Nuvan Pro-Strips penetrate deep into items treated leaving no place for bed bugs to hide. These may be placed in plastic tote containers, closets, etc.
- 15. Pest Professional may use a combination of both contact and residual bed bug sprays, designed specifically to kill bed bugs. Bed bug contact sprays will kill bed bugs quickly, but evaporate within minutes. Residual sprays and powders, such as diatomaceous earth powder, offer long-lasting protection against future bed bugs, but kill more slowly this is why we use both.
- 16. Follow-up treatment in 14 days.
- 17. Follow-up treatment in 14 days after the first follow-up.

Startling Bed Bug Facts

- Bed bugs can ingest up to 7 times their weight.
- Bed bugs are able to live up to 12 months without a meal.
- A severe infestation can result in over 500 bites in a single night.
- Bedbugs are immune to many of today's insecticides.
- There is no silver bullet for bed bugs a cocktail approach is necessary to eliminate an infestation.
- Many people live with bed bugs without knowing they're there.
- Eggs hatch within 2 weeks and only take 4 weeks to become fully grown.
- Reported cases have increased over 500% over the past few years.
- Bed bug infestations are a traumatic experience that can cause increased stress, anxiety, and insomnia.
- Females can lay up to 500 eggs over their lifetime.

I have read the above information and understand that I must follow instructions for plan of treatment or I may be in violation of a tenant lease/agreement with my Landlord (if applicable).

Signature of Name (Resident/Tenant)

(Date)